# STANLEY J. FOSTER, MD., P.C.

PLASTIC RECONSTRUCTIVE SURGERY
HAND SURGERY
COSMETIC SURGERY

TEL: 203-757-0583 FAX: 203-757-0626

EMAIL: SFOSTERMD@AOL.COM

June 29, 2004

OCHA
Susan Cole
410 Capitol Ave
MS#13HCA
P. O. BOX 340308
Hartford, CT 06134-0308

Re: CON

Dear Susan:

Dr. Foster first applied for a CON on February 10, 2000.(enclosures) He has been trying to purchase a location for this venture. He has unsuccessfully tried to purchase the following locations that all fell through:

- 1. Watertown Ave, Waterbury
- 2. Route 188 Lot in Middlebury
- 3. Bronson Road in Middlebury
- 4. The old Post office in Middlebury
- 5. Data Comp Building in Middlebury

He has now been successful in acquiring Middlebury Edge in Middlebury for the new surgical suite. Therefore Dr. Foster can now go forward with the process to obtain a CON.

Dr. Foster started performing outpatient surgery in August 1995 with general anesthesia sedation. In July 1997 he also performed hundreds of outpatient surgery with general anesthesia given by a certified nurse anesthetists at an outpatient office based surgical facility owned by another surgeon. Dr. Foster performs about 1000 outpatient surgeries per year.

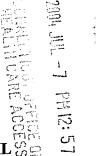
Please advise me on the next steps so I can go forward with the CON. Thanks in advance for all your help in this matter. I can be reached at 203-757-0583.

Sincerely,

Sally George Manager



1389 WEST MAIN STREET
SUITE 306 • TOWER 1
WATERBURY, CT 06708



CERTIFIED MAIL &

## STANLEY J. FOSTER, MD., P.C.

PLASTIC RECONSTRUCTIVE SURGERY
HAND SURGERY
COSMETIC SURGERY

1389 WEST MAIN STREET SUITE 306 • TOWER 1 WATERBURY, CT 06708

February 10, 2000

TEL: 203-757-0583

FAX: 203-757-0626

State of Connecticut
The Commissioner
Office of Health Care Access
410 Capitol Avenue
MS # 13HCA
P. O. BOX 340308
Hartford, CT 06134-0308



#### Dear Commissioner:

I am a Plastic and Hand Surgeon practicing medicine in the town of Waterbury Connecticut. This Letter of Intent is for the request of a Certificate of Need for my new Surgical Center. The proposed Surgical Center is located on 513 Watertown Avenue, Waterbury, Connecticut and is approximately 3500 square feet. To ensure high standards I will comply with requirements to obtain certification and licensure with State, Federal, HCFA, JACHO and AAAHC. These will aide me in allowing to provide the Community quality healthcare.

My objective is to create a healthcare delivery system that will provide the Community high quality medical care that is cost effective, accessible and confidential. The continuous complaints from patients regarding accommodating surgery dates, time, high cost and long waits, and lack of confidentiality will be eliminated with this facility, especially cosmetic patients. The smaller size of this facility compared to other facilities will provide a more personal approach. It will also reduce the fees substantially, creating cost-effective healthcare to the insured, non-insured and self-paying cosmetic patients. Also, accommodating their requested surgery dates and times for their busy schedules promotes shorter medical absences. This creates healthcare access that really demonstrates we care about their daily life needs, a benefit that has not been recognized in the community.

Geographically in Waterbury there are two hospitals, a hospital owned surgical center, and Opti-Care Surgical Center (eye surgery only). These facilities have not been able to provide services to my patients without all the problems listed above. This facility which is specific to the specialty of Cosmetic and Hand Surgery will be able to meet the needs of the people of the community. Additionally, Waterbury will benefit from attracting people from surrounding towns.

I strongly feel this project should be approved not only for the many reasons listed throughout this letter, but because it allows the people various choices of care in an era of growing medical restrictions, denial of care, and elevated cost to provide medical treatment.

Thank you in advance for all your help with this matter. If you have any questions, please contact Office Manager Sally George, or myself at 203-757-0583.

Sincerely,

Stanley Foster, MD

## **SECTION IV. PROJECT DESCRIPTION**

The proposed project of this fee standing ambulatory surgical center is to provide the community an accessible, quality, cost affective, confidential, and advantageous system to obtain healthcare. To create a healthcare delivery system that is cost effective, high quality, accessible, and confidential. This 3500 square foot facility will enable Dr. Foster to provide cost effective healthcare to his self-pay and insured patients.

The continuous complaints from patients regarding accommodating surgery dates, times, high cost and long waits can be eliminated through this facility. The smaller size of this facility compared to other facilities would reduce the fees substantially and this would benefit the community greatly. With less overhead this allows Dr. Foster to keep the fees low and therefore allowing him to negotiate cheaper rates with insurance companies, third party payers, and self-paying patients, this also is a great benefit to the community. The smaller size offers easier access to their requested surgery dates and times.

There are many reasons why there is a need for this type of facility. A big problem in hospitals and large surgical centers is confidentiality. Cosmetic patients cannot achieve this because of the large amount of employees that have access to the surgery schedule make it impossible to perform any procedure and maintain confidentiality and a competitive price. This has been attempted with no success. Another problem is availability, seldom are we able to schedule a case that accommodates the patients wishes in other facilities.

I feel the effect of this small surgical center will improve the quality of care, availability, give the patients a choice of day and time for their procedure. This will also eliminate the long waiting between cases, making everyone happy. This will help draw people from the outer surrounding towns of Waterbury Connecticut by providing this personal one-on-one type of care creating a positive attitude about this town. Finally the cost-effective delivery of healthcare which is an increasing problem in the delivery of healthcare.

Geographically in Waterbury there are two other surgical centers. One is owned by Saint Mary's Hospital and cannot provide the needs of my patients. The other is Opti-Care and this is for eye surgery only. Not the same service that my facility will provide, which is specific to cosmetic and hand surgery. Dr. Foster and his staff will provide these services. This will also allow Dr. Fosters colleges of the same specialty to utilize these services.

Quality of care is the same as the hospital provides at half the price. All State, Federal, HCFA, JACHO, AAAHC requirements will be followed to obtain certification and licensure.

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# **State of Connecticut** Office of Health Care Access Letter of Intent/ Waiver Form



All applicants must complete a Letter of Intent (LOI) form prior to submitting a Certificate of Need application, pursuant to Sections 19a-638 and 19a-639 of the Connecticut General Statutes and Section 19a-160-64a of OHCA's Regulations. Applicants should submit this form to the Commissioner of the Office of Health Care Access, 410 Capitol Avenue, MS# 13HCA, P.O. Box 340308, Hartford, Connecticut 06134-0308. 59

SECTION I. APPLICAN		Grang -				
If more than two Applicants, p	please attach a separate sheet of paper and provide					
	Applicant One	Applicant Two				
Full legal name	Stanley J. Fosterimb P.C.					
	,					
DBA	Same					
Name of Parent	same					
Corporation						
Mailing Address, if Post	1389 West Main Street					
Office Box, include a	Suite 306					
street mailing address for	Waterbury, CT 04708					
Certified Mail						
Applicant type	Profit					
(e.g., profit/ non-profit)						
Cautagt name including	51- ala l'Essler, ma Acaridant					
Contact person, including	Stanley Foster, mo, President					
title or position	Sally George, Manager					
Contact person's street	1389 West Main St. suite 306					
mailing address	Waterbury, CT 06708					
Contact person's phone #,	203-757-0583					
fax # and e-mail address.	203-757-0626-FOX					
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	<u></u>	<u> </u>				
SECTION II. GENERA	L APPLICATION INFORMATION					
		1				
Proposal/Project Title:	Surgical Center (	cosmetic & Hand Surgery)				
- A <del>damin</del>						
Type of Proposal, please check all that apply:						
Change in Facility (F), Service (S) or Function (Fnc) pursuant to Section 19a-638, C.G.S.						
New (F, S	· · · === •	Additional (F, S, Fnc)				
Expansion	(F, S, Fnc) Relocation	Service Termination				
☐ Bed Addit	ion Bed Reduction	Change in Ownership or Control				

Project of Equipme	cost greater than \$ 1,0 ent Acquisition greate New Imaging	er than \$ 400,000 Replacement Linear Ac	ent 🔲	Major Medical ulting in a capital exp	penditure over			
Location of prop	Location of proposal (Town including street address): 5/3 Watertown Ave, Waterbury, CT							
List all the muni	List all the municipalities this project is intended to serve: Local, city wide, Public; Greater wtby. areas							
Estimated starting	ng date for the project	: March 2000	)					
Type of Facility: (Please check E for Existing and P for Proposed in all boxes that apply)  E P								
If the project inc following:	cludes an additional fi	nction of an existing	service or a reduction	/elimination of service	ce, provide the			
Type of project:		(Fill in the a	ppropriate number(	s) from page 4 of thi	is form)			
<b></b>	Number of Beds							
Туре	Existing Staffed	Existing Licensed	Proposed Increase (Decrease)	Proposed Total Licensed				
SECTION III. ESTIMATED CAPITAL EXPENDITURE INFORMATION  Estimated Total Capital Expenditure: \$ 1,000,000								
	the following break	down as appropriat	<del></del>	······································				
Renovations			\$ 200,000. \$ \(\sigma 500.000.					
New Construction Fixed Equipment			\$ 100,000.					
Movable Equipment			\$ 175,000					
	ue of Leased Space		}					
Fair Market Val	ue of Leased Equipm	<del></del>	\$					
Other \$\sqrt{50,000}.								
Note: The aggregate of all categories should equal the estimated total capital expenditure.  "Other" includes any category not listed above, (e.g., land acquisition, service agreement, fees, etc.)								
Major Medical equipment acquisition:								
Unit Type	Model	Name	Number of Units	Cost				
					_			
<u>)</u>								
Computer acquisition: Yes No								

Type of financia or funding sour (more than one can be checked	rce:	Applicant's Equity Conventional Loan CHEFA Other (specify):		Lease Financing Charitable Contributions Grant Funding			
Please attach a highlighting all 1. What are t 2. Identify a 3. What is th 4. Are there a 5. Why shou 6. Who will 1	separate 8.5" X the important a he anticipated p ny unmet need a e effect of this p any similar exist ld this project be	11" sheet of paper and prospects of the proposed progress? and how this project will foroject on the health care doing providers in the propose approved? or providing the service?	pject. Please be ulfill that need lelivery system	in the State of Connecticut?			
If requesting a Waiver of a Certificate of Need, please complete Section V.  SECTION V. WAIVER INFORMATION							
I may be eligible for a waiver from the Certificate of Need process because of the following: (Please check all that apply)							
This request is related to a Year 2000 project that involves the purchase of:  Physical Plant/ Non Medical equipment, total cost not to exceed \$3,000,000  Computer Diagnostic or Medical equipment Components, total cost not to exceed \$2,000,000  Computer Hardware and/ or Software, total cost not exceeding \$3,000,000							
This request is for Replacement Equipment  The original equipment was authorized by the Commission/OHCA in Docket Number:  The cost of the equipment is not to exceed \$2,000,000  The cost of the replacement equipment does not exceed the original cost increased by 10% per year.							
Please complete the attached affidavit.							
				``			
For Office Use Only:							
Action taken:							
	er Approved priate Forms Se		r Denied ns sent:				

# **Project Type Listing**

Please indicate the number or numbers of types of projects that apply to your request on the line provided on the Letter of Intent From.

## **Inpatient**

- 1. Cardiac Services
- 2. Critical Care Unit
- 3. Hospice
- 4. Maternity
- 5. Med/ Surg.
- 6. Pediatrics
- 7. Rehabilitation Services
- 8. Transplants Bone Marrow
- 9. Transplants Organ
- 10.Trauma Centers
- 19. Other Inpatient

### **Outpatient**

- 20 Ambulatory Surgery Center
- 21. Birthing Centers
- 22. Imaging Services
- 23. Lithotripsy
- 24. Mobile Services
- 25. Oncology Services
- 26. Outpatient Rehabilitation Services
- 27. Paramedics Services
- 28. Primary Care Clinics
- 29. Urgent Care Units
- 39. Other Outpatient

### Behavioral Health

- 40. Detox Inpatient
- 41. Detox Outpatient
- 42. Psych. Only Inpatient
- 43. Psych Only Outpatient
- 44. Psych Only Partial Hospital Program
- 45. Substance Abuse Only Inpatient
- 46. Substance Abuse Only Outpatient
- 47. Psych. and Substance Abuse Inpatient
- 48. Psych. and Substance Abuse Outpatient
- 49. Psych. and Substance Abuse Partial Hospital Program
- 59. Other Behavioral Health

#### Non-Clinical

- 60. Facility Development
- 61. Non-Medical Equipment
- 62. Organizational Structure
- 71. Other Non-Clinical